



Healthcare professional
Let's hear your voice – tell us your
experiences and feelings about providing health
care to young people aged 11-25 years old





If you are a healthcare professional providing health services to young people living in Leicester, Leicestershire or Rutland aged 11- 25 years old, the local health service wants to hear from you.

Young people are experiencing the world very differently right now. The local NHS and other care services want to give young people and families receiving services and staff delivering them a voice, to understand what matters most about health services, so that future needs are met.

Get involved and share your views before **Sunday 3 March 2024** by completing this questionnaire.

All information received via this questionnaire will be anonymous and your feedback will be independently analysed.

Data Protection Statement

The NHS Leicester, Leicestershire and Rutland Integrated Care Board (ICB) would like to hear about your experiences of providing health services and understand what matters most to you.

The ICB has commissioned an independent organisation to collect, handle and process the responses gathered for this engagement. Any information you provide will be handled in accordance with GDPR and the Data Protection Act 2018.

Your involvement is voluntary and you are free to stop completing the questionnaire at any time.

Please tick to confirm you agree with the Data Protection Statement. If you do not provide your consent then we will not be able to include your feedback in this engagement.

About you

1

What is your occupational group?

Including, but not limited to:

Allied health professionals: Occupational therapy, physiotherapy, radiography, pharmacy, clinical psychology, psychotherapy, operating department practitioner, speech and language therapy, dietetics, podiatry, osteopathy

Ambulance service (operational): Emergency care practitioner, paramedic, emergency care assistant, ambulance technician

Dental: Dentists and dental nurses, including trainees

Healthcare/nursing assistants

Medical doctors and consultants: Including GPs and doctors in training

Midwives and health visitors,

Registered nurses and midwives: Including mental health, learning disabilities, district/community

Social Care: Social workers and social care support staff

Other: Other Public Health roles, commissioning, admin & clerical, central functions/corporate services, maintenance/ancillary, general management, and any other healthcare profession not mentioned

Allied health professional, (please state profession)							
Ambulance service (operational)		Dental		Healthcare/ nursing assistants		Medical doctors and consultants	
Midwives and health visitors		Registered nurses		Social care			
Other, please specify							

2

From where do you provide health services for young people?

GP surgery		Dental practice		Emergency Department (A&E)		School (as a school nurse)	
Mental health service		Speech and language therapy Service		Sexual health service			
Other, please specify							

Young people's health

3	Which aspects of young peoples' health and wellbeing do you feel need addressing most urgently? Please choose up to 5 options.							
	Access to healthy foods		Asthma		Being overweight		Cancer	
	Dental health		Diabetes		Drug and alcohol misuse		Eating disorders	
	Epilepsy		Loneliness		Long-term health conditions		Physical fitness	
	Mental health - like anxiety and depression				Sleep		Smoking and vaping	
	Other, please specify							

The last time you provided health services for a young person

4	Thinking about the <u>last</u> time you provided health services to a young person, to what extent do you agree with the statement: "I felt confident talking to the young person about all aspects of their care and treatment"?							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	
5	Thinking about the <u>last</u> time you provided health services to a young person, to what extent do you agree with the statement: "I felt confident in involving the young person in decisions about their care"?							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	
6	Thinking about the last time you provided a health service to a young person, to what extent do you agree with the statement: "I felt confident in making decisions about their treatment and care including onward referrals"?							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	
7	Thinking about the last time you provided health services to a young person, to what extent do you agree with the statement: "I felt confident and was able to easily provide a referral into another service"?							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	

8	Thinking about the last time you provided health services to a young person, to what extent do you agree with the statement: "I felt confident in providing the young person with advice on how to look after themselves after they left treatment"?								
	Strongly agree		Agree		Neither agree nor disagree		Disagree		Strongly disagree
9	Thinking about the last time you provided health services to a young person, to what extent do you agree with the statement: "I felt confident in building a relationship and communicating with the child's family member(s)"?								
	Strongly agree		Agree		Neither agree nor disagree		Disagree		Strongly disagree
10	To what extent do you agree with the statement: "I have everything I need as a professional to help me in my role in supporting young people"?								
	Strongly agree		Agree		Neither agree nor disagree		Disagree		Strongly disagree
11	Please tell us why you answered question 10 in the way you did.								
12	Have you ever witnessed any discrimination or barriers to children and young people accessing healthcare?								
	Yes		No		Unsure				
13	Do you have any further comments or thoughts on discrimination or barriers in healthcare for young people? If so please tell us in the space below.								

Working with other organisations

14	To what extent do you agree with the statement: "I have a positive working relationship with other organisations who also engage, provide service or work with young people"?							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	
15	To what extent do you agree with the statement: "Services for young people are integrated across the health and care system."							
	Strongly agree		Agree		Neither agree nor disagree		Disagree	
16	Are there any last things about any part of providing services to young people that you would like to tell us? If so, please write your comments in the space below.							

Transitioning from the children's to adults' mental health service

	Between the ages of 16 and 18 (or sometimes earlier) a child transitions into mental health treatment for adulthood and adult services.							
17	If applicable to your role, do you feel confident in supporting the transition to adult mental health services or services available in the community?							
	Yes		No		Unsure		Not applicable	
18	If applicable what are your experiences of supporting the transition?							

Please tick to confirm you agree with the Data Protection Statement. If you do not provide your consent then we will not be able to include your feedback in this engagement.

Have you remembered to tick to confirm you agree with the Data Protection Statement.

If you do not provide your consent, we will not be able to include your feedback in this engagement.

The data protection statement can be found on page 1. Please tick the box under the statement and/or the box after the final question.

Please return this questionnaire to arrive by **Sunday 3 March 2024** to:

Freepost Plus RUEE-ZAUY-BXEG
What you Saying Engagement
C/O NHS Leicester, Leicestershire and Rutland Integrated Care Board
Room G30, Pen Lloyd, Building County Hall
Glenfield
Leicester, LE3 8TB

Thank you for taking the time to give your experiences and tell us what matters most to you.

The engagement document was produced by NHS Leicester, Leicestershire and Rutland ICB

To find out more about us and what we do, visit our website:

bit.ly/youngvoicesonhealth

What Happens Next?

What happens after the engagement ends? All feedback we receive from the What You Saying Engagement will be independently analysed and evaluated by an external organisation.

They will also undertake a review half-way through the engagement and advise the Integrated Care Board if there are communities that are not being reached. If the review shows any gaps, then we would adjust our engagement plan accordingly.

A final report of the engagement findings will be received by the Integrated Care Board, and we will work alongside young people to review the findings and produce a report which is accessible and makes sense to children and young people.

This report will be presented by young people in a public meeting to senior health leaders in Leicester, Leicestershire and Rutland.

We will promote the Board Meeting to enable people to attend and hear the discussions. All decisions will be made public after the Board Meeting. This work will include communicating the feedback from the engagement to children, young people and their families, via local newspapers, social and broadcast media.